

Sharayi' al-Islam (Salat)

Lesson 2

The Nawafil Preyers

The Nawafil (recommended) Daily Prayers

The *nawafil* are 34 *raka'at* and added to the obligatory daily prayers, there are 51 daily *raka'at* to be prayed, which is one of the signs of a believer according to Imam Hasan al-*Askari* (peace be upon him).

The *Nawafil* (recommended) Daily Prayers are 34 *raka'at*; two before the *fajr* prayer, eight before the *zuhr* prayer, eight before the *'asr* prayer, four after the *maghrib* prayer, one after the *'isha* prayer, and eleven for the night prayer (*salat al-layl*), (including two for al-*shaf'* and one for al-*watr*.)

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Points:

- The *nafilah* of the 'isha prayer is **prayed in two** *rak'ahs* while sitting (counted as one *rak'ah* standing).
- When travelling, the nawafil of the zuhr, 'asr and 'isha (wutayrah) prayer are to be omitted, as per the preponderant view.
- The nawafil (recommended) are all prayed in two rak'ahs, except for the watr or the salat al-A'rabi.

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