

Lesson 43

Topic: **fasting**

Chapter Two: **Invalidators of Fast**

Muftirat of a Fast are ten:

1. **Eating**
2. **Drinking**

If the fasting individual deliberately eats or drinks something his fast is nullified, even by re-entering a wet toothbrush into the mouth.

If the fasting individual **inadvertently** eats or drinks something, his fast is **not nullified**.

As a mostahab precaution, the fasting individual should avoid using **nutritional [saline] injections**.

There is no objection to **swallowing the mucous** from head and chest that does not reach the space of the mouth.

The fasting individual may not break his fast on grounds of weakness, but **if the weakness was so much that one could not normally bear it**, then there is no objection to breaking the fast.

3. Sexual Intercourse

Case: Sexual intercourse invalidates the fast, even if the penetration has not been more than the penis glans, and no ejaculation has taken place.

4. Masturbation

Case: If a fasting individual commits masturbation, his fast is null and void.

5. Ascribing lies to Allah, the Prophet and his family

6. Letting dense dust reach one's throat

As an obligatory precaution, a fasting individual should not allow dense steam, the smoke of cigarettes, tobacco and suchlike to **reach the throat**.

The gas in the mouth-inhalers used by asthma sufferers does not invalidate the fast.

7. Immersing One's (whole) head in water

8. staying in state of Janabah, Hayd, and Nifas until Fajr Adhan

Case: **If ejaculation takes place while asleep (ihtilam)** during the day, the fasting person **does not need to rush** to perform the ghusl.

9. Enema

The use of **liquid enema** invalidates the fast even if required for treatment.

10. Vomiting

Case: If a fasting person deliberately vomits, even if one were obliged to do so due to an illness and suchlike, his fast would be void but he does not have to give a kaffarah.