

L 12

Topic: Dos and Don't in Taking the Lessons

و ينبغي لطالب العلم أن يُعِدَّ نَفْسَهُ

...should prepare him/herself by repetition

➤ A set of repetitions:

It's better for him to repeat yesterday's lesson 5 times and the lessons before that 4...3...2...1 time.

➤ Taking the lessons and repetition should be with energy and exhilaration.

- ...and not while he/she is sleepy or furious or hungry or thirsty and the like

- ...and he must not let the pressure cause distaste.

➤ Moderation is the best option in almost every case.

➤ ... and should be stable in studying.