

L16

Topic: Fasting

«يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ» [2–183]

“O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous.”

- ✚ Fasting is to abstain from acts (*muftir*) that break the fast, from the time of the *Fajr adhan* to that of *Maghrib*, seeking closeness to Allah.
- ✚ Fasting in the holy month of Ramadan is **obligatory** for every sane Muslim individual who has reached the age of adolescence (*bolough*).
- ✚ Fasting is **forbidden** on the days of Eid al-Fitr and Eid al-Adha.
- ✚ Fasting is **mustahab** on various occasions such as on the day of Eid al-Ghadeer and the 15th of Sha’ban.

Invalidators (*Muftirat*) of Fast

1. **Eating** and **Drinking**
 2. **Sexual Intercourse**
 3. **Masturbation**
 4. **Ascribing lies to Allah, the Prophet and his family**
 5. **Letting dense dust reach one’s throat**
 6. **Immersing One’s (whole) head in water**
 7. **Staying in the state of Janabah, Hayd, and Nifas until Fajr Adhan**
 8. **Enema**
 9. **Vomiting**
- ✚ In case one invalidates his/her fast, he/she must do the qada’ of it after the month. If one has done so intentionally (in general), he/she must pay kaffarah as well.

Kaffarah for not Fasting

- ✚ Whoever is obliged to give *kaffarah* must:
 - Free a slave, or
 - Fast two consecutive months, or
 - Feed sixty paupers or give to each one of them *one modd* (750g) of food.
- ✚ The travelling individual who has to shorten his salah (the daily obligatory prayers) must not fast, and is obliged to offer the qada' for that; However, travelling after midday does not invalidate one's fast.
- ✚ One whose fast is missed and has to offer its qada', should do the qada' before the coming month of Ramadan, otherwise one should pay kaffarah as well.
- ✚ If one is not able to fast in the month of Ramadan out of sickness, he/she must offer its qada' before the next month of Ramadan, otherwise he/she is sinful (if able to offer), but must only pay kaffarah.
- ✚ The first day of the month after the month of Ramadan (Shawwal) is *Eid al-Fitr* in which fasting is forbidden and one should pay *zakat al-fitr* i.e. one sa' (about three kilograms of wheat, barley, dates, raisins, rice, corn, and suchlike) or the price of it.
- ✚ Everyone who, by the eve of the 'Eid-al-Fitr (sunset of last day of the month of Ramadan), is adolescent, sane, conscious, not poor, and not enslaved to anyone, must give to the poor *one sa'* (of food) on his behalf and on behalf of every one of his dependents.