



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

## Nahj al-Balaghah

### Lesson 8

## The Creation of Human – The Soul

ImamSadiq.tv

ImamSadiq.tv

ImamSadiq.tv

- Two figures are mentioned in the Quran as people in whom Allah blew His soul in (while it is true about every human being) as a clearer sign of God (since they had no father) – Prophet Adam (as) and Prophet Isa (as).
- The Holy Prophet and Ahl al-Bait (A) had an existence of light, long before their physical existence.
- The word 'روح' is taken from the root 'ريح' (wind) which always moves around,
  - Just like the wind keeps the world healthy, the soul also, keeps the body alive and healthy.

ImamSadiq.tv

ImamSadiq.tv

ImamSadiq.tv

### Signs of the existence of soul:

1. One clue of the existence of soul is understanding abstract concepts.
  2. Another clue is that if a person's body is recreated somehow, we can't consider it as to be the same person.
  3. Another clue is that the body cells would change from time to time but the constant personality that we refer to as "I" or "you" would not.
- The voluntary decisions of a human are made not by the material cells in our body (because they cannot), but by the soul.

ImamSadiq.tv

ImamSadiq.tv

ImamSadiq.tv



- The soul defines your identity and makes your decisions but its connection to the body is through the brain. That's why a brain-dead person is rather dead.

### ***Nafs***

'روح' and 'نفس' are sometimes used interchangeably. It seems that the link between the physical body and the abstract soul is *nafs* which is the innate faculty for the human to operate.

*Nafs* is of three types:

1. ***Ammarah***: The tempting *nafs* which propels you to fulfill your desires even if haram. '*Iffah*' (عفة) or chastity is against this *nafs*.
- The *ammarah nafs* is a wild beast that needs to be tamed, so we need to occasionally go against even our halal desires to strengthen our soul and self-control.
2. ***Lawwamah***: The self-reproaching *nafs* which rebukes and gives the sense of guilt when a person commits evil. This *nafs* is a blessing of God which helps for repentance.
3. ***Muṭma'innah***: The certain *nafs* which is completely satisfied with Allah (SWT).