

Lesson 20

Topic: **Taharah / the Three Bloods**

Chapter Six: The Three Bloods

1. Hayd (menstruation)
2. Istihadah (undue menses)
3. Nifas (childbirth)

The hayd or menstrual discharge is the blood that is discharged from the woman's uterus every month, often for a number of days, and **during the menstrual period the woman is referred to as Haid.**

The menstrual discharge or hayd blood is **often warm and thick – black or red coloured –** and it is discharged **with thrust and a burning sensation.**

Case: The hayd or menstrual cycle is **not less than three days**, and it **does not last more than ten days.**

As a precaution, the three days of hayd menstruation should be consecutive .if it takes place for two days, then stops for one day, and then starts again for another day, it is imperative for the woman to observe precaution by acting on the abstentions of the Haid and the obligations of the mustahadah.

She must abstain from intercourse, entering the mosques, touching the script of the Qur'an and of the name of Allah, and the recitation of the Aza'im surahs of the holy book.

Case: It is not necessary for the blood to discharge [externally] during the three days in order for it to be considered hayd, but it is sufficient for the presence of blood in the vagina.

Case: **If a woman observes blood for three days continuously and becomes tahir, then she observes blood again after that, and if the total number of days in which she observes blood together with the intervening tahir days is not more than ten days, then all the blood seen is considered hayd.**

Case: If a woman observes blood and doubts whether it is of hayd or istihadah, it is imperative that she treats it as hayd if it bears the characteristics of hayd.

Case: The Qurayshi female reaches menopause at the age of sixty, and thus she does not observe hayd blood after that age, but non-Qurayshi female reaches menopause at the age of fifty.

Case: **The blood that a girl observes before the completion of nine years, or that seen by a woman after menopause, is not considered hayd.**

Prohibitions for the Ha'id

A number of matters are prohibited for the Haid:

1. **The acts of worship that require wudu', ghusl, or tayammum** are prohibited.
2. **All the issues that are prohibited for someone who is in the state of janabah.**
3. **Vaginal intercourse. Anal intercourse** is also prohibited with the Haid. However, other forms of courting, kissing, fondling, and suchlike are permissible.