

بِسْمِ ٱللَّٰهِ ٱلرَّحْمَٰنِ ٱلرَّحِيمِ

## Lesson 25

## Laws of Menstruation (Haydh)

 Haydh (حيض) is the female menstrual cycle in which some prayers are prohibited upon them, and certain laws apply to them in particular. A woman who is in the state of *Haydh* is called *Ha'idh* (حائض).

• The minimum age of Haydh is 9 (lunar years). So, anything that a girl sees before the age of 9 cannot be considered Haydh and it would be considered Haydh only after the age of 9 if it meets certain conditions.

- Some scholars like Ayatullah Sistani say that the maximum age is 60 (lunar years). At this age, she will be called Ya'is (یائس) – religious Menopause.
- Others consider the maximum age to be 50, irrespective of whether the woman belongs to Quraysh or not. There is also a group which considers the age of menopause as 50 but after 50, it recommends the woman to observe obligatory precaution in many cases.
  - The minimum days of Haydh are three and the maximum is ten.

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- There should be a gap of at least ten days between each Haydh cycle.
- A woman who doubts whether she belongs to the tribe of
- Quraysh or not, will be considered non-Qurayshi as per the Law of Continuity.
  - In order for Haydh to be established, a woman has to see blood for at least three continuous days.
  - Any blood seen by a woman which does not fall in the following categories will be considered Haydh
  - a) Before the age of 9
- b) After the age of 50 or 60
  - c) During the ten days of purification after Haydh
  - d) If there is bleeding due to a wound
  - e) If she bleeds due to the issue of virginity
  - Categories of women in menstruation (ha'idh)
  - 1) A woman with a habit of time and duration: If a woman who on two consecutive months sees her period at a fixed time and for the same number of days, then she belongs to this category.
  - 2) A woman with a habit of time (but duration is fluctuating): If a
  - mam Sawoman who on two consecutive months sees her period at a dig to fixed time but for different number of days; as soon as this woman sees blood, she will consider it Haydh.
    - 3) A woman with a habit of duration (but time fluctuates): For such a woman, upon seeing blood, she has to inspect the features of the blood. If it has the features of Haydh, then she

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will consider it as Haydh. However, if it does not have the features of Haydh, she must observe precaution by avoiding all that is avoided by a woman in the state of Ha'idh and performing like a woman in the state of Istihadhah.

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