



Sharayi' al-Islam (Salat)

Lesson 33

Acts of Salah/ Sujud

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Obligatory Acts of *Salah*

1. *Niyah*

2. *Takbirat al-Ihram*

3. *Qiyam*

4. *Qira'ah*

5. *Ruku'*

6. *Sujud*

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Sujud

Sujud (prostration) is *wajib* twice in each *rak'ah*. **They are both together a *rukn*** in the *salat*, an error in which invalidates the *salah*.

The *Wajib* Acts of *Sujud*

1. **To lay on the ground all the seven parts:** the forehead, two palms, two knees, and the big toes.

2. To lay the forehead on that which is valid to make *sajdah* on.

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3. To bend down in *sujud* till **the locale of the forehead is in line with the feet**, unless there is a little height to the measure of a brick (four fingers), no more.

4. Saying the *dhikr* “*Subhana Rabbi al-A'la wa bi-hamdih*” once or “*Subhanallah*” thrice.



5. To stay calm and **motionless**.

6. To **raise the head** from the first *sajdah* **till straightening** motionless.

The *mustahabb* acts in *sujud*

- To say *takbir* before *sujud* while standing
- To put the hands first on the ground
- To let the nose touch the earth (*irgham*)

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