



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## Lesson 19

### The Wiping of the Head and Feet in Wudhu

#### Obligatory Acts of Wudhu

##### 4. Wiping of the Head

- ✚ One has to wipe the head on the forefront.
- ✚ One can wipe the head in any direction; but it is better to wipe from the middle of the head towards the forehead.
- ✚ If your hand becomes dry before wiping the head, you can take moisture from the beard, eyebrows or eyelashes.

#### Obligatory Acts of Wudhu

##### 5. Wiping of the Feet

- ✚ One has to wipe the feet from the edges of the toes to the ankle bone. It can also be wiped in the reverse direction.
- ✚ One must wipe the right foot with the right hand and the left foot with the left hand. Both the feet can be wiped simultaneously also, but it is not permissible to start with the left foot before the right.
- ✚ While wiping the head or the feet, one must not move the head or the feet and only the hand must move for wiping.



- ✚ While washing the face, the eyelashes must also be washed. If one uses artificial eyelashes or applies something on the eyelash that will prevent water from reaching it, must remove it before performing Wudhu.

### Mustahab Acts of Wudhu

1. To say Bismillah before the Wudhu
2. To recite the Mustahab supplication before Wudhu
3. To brush your teeth before Wudhu
4. To rinse your mouth (3 times)
5. To inhale water in your nose (Istinshaq) – 3 times
6. For men, it is Mustahab to pour water on the upper side of the hand while washing them for Wudhu. Women must pour water on the inner side of the hand.