



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Lesson 46

Ruku', Sujud, Tashahhud and Tasleem

- Ruku' is a *Rukn* of Salah. If someone forgets to do the Ruku or does not perform it properly, his Salah will become invalid even if he did not know.
- Imam Baqir (as): If you do your Ruku, stand with a distance of one handspan between your feet. Then embrace your knees with the open palm of your hands. Try to stretch your neck and keep it straight. (Al-Kafi, v. 3, pg. 319)
- One should look between the feet while doing Ruku.
- One should say: *Subhana Rabbiyal Adheemi wa Bihamdihi* or *Subhanallahi Subhanallahi Subhanallah*
- For a valid Ruku, one must be in the standing position before entering the position of Ruku'. So, if someone enters the position of Ruku from a sitting or crouching position, his Ruku' will be deemed invalid.
- The two Sujud combined form a pillar of Salah.
 1. If someone skips or forgets both the Sujud, his Salah will become invalid. Whereas if he skips one of them, he can make it up after the Salah.
 2. Similarly, if someone performs three Sajdah, his prayer will not become invalid and he must perform a Sajdat al-Sahw after the prayer.
 3. The prayer will become invalid if someone performs two extra Sujud, because that will be considered adding a pillar to the Salah.
- The seven body parts that must touch the ground while performing Sujud are the forehead, both palms, both knees and both toes.
- It is Mustahab to touch the nose on the ground while performing Sajdah.
- The place of the Sujud must be at the same level as the place of the two toes. The permissible difference in level is about 4 inches.



- If someone is praying on a slope, he must make sure that his position is not such that his forehead and toes are more than 4 inches apart.
- If someone has such a wound or protrusion on his forehead that he cannot do proper Sujud, then one way of doing Sujud for him is to dig the ground and place his forehead inside it. If that is not possible, he will do Sujud on the right eyebrow; if not, the left eyebrow; if that is also not possible, then the chin.
- If a person stood up for the second Rakah and immediately remembered that he had performed only one Sujud in the first Rakah, he must go back and perform the Sujud.
- If a person remembers in the Ruku of the following Rakah that he forgot both the Sujud of the previous Rakah, his prayer will become invalid because he missed a pillar.
- If a person stands up for the next Rakah and begins to recite Fatiha, then doubts whether he performed the two Sujud or not, he must ignore the doubt.
- If a person has any doubt about any of the acts of Salah after completing the Salah, he must not pay heed to it.
- The two Sujud must be separated with one sitting. It is Mustahab to say *Astaghfirullah Rabbi Wa Atoobu Ilayh* between the two Sajdah.
- It is mandatory to sit after the second Sajdah before standing for the next Rakah.
- All the Takbirah of Salah must be done in a still position.
- It is recommended (Mustahab) to raise the hands up till the neck or earlobes for every Takbir during the Salah.
- One can join the Jama'ah (congregational prayer) as long as the Imam does not raise his head from the Ruku. Otherwise, he will miss that Rak'ah.

Recommendations of Tashahhud:

First: For the men, it is recommended to sit in the position of *Tawarruk*, i.e. to lean on the right thigh towards the right; and the upper part of the right foot must be placed on the back of the left foot.

For the women, it is mustahab to close their legs and draw it towards their chest.



Second: To say *Alhumdulillah* before *Ash'hadu Alla ilaaha illallah* or *smillahi wa Billahi wal-Humdulillah wa Khairul Asma'i Lillah* or *Bismillahi wa Billahi wal-Asma'ul Husna Kulluha Lillah*.

Third: To put the hand on the thigh with fingers closed and head lowered (looking at the lap).

Note: Pointing with the index finger while saying *Ash'hadu Alla ilaaha illallah* does not exist in the school of Ahlul-Bayt (as).

- It is Mustahab to say after the Salawaat of Tashahhud:

وَتَقَبَّلْ شَفَاعَتَهُ وَارْفَعْ دَرَجَتَهُ

Accept the intercession of the Prophet (s) and elevate his position.

or

وَتَقَبَّلْ شَفَاعَتَهُ فِي أُمَّتِهِ وَارْفَعْ دَرَجَتَهُ

- It is mandatory to recite Salawat after Tashahhud:

Allahumma Salli ala Muhammadin wa Aali Muhammad

- The final mandatory part of Salah is *Tasleem*. The wajib *Tasleem* is done after saying one of the two following phrases:

As Salaamu Alayna Wa Ala Ibadillahis Saliheen

As Salaamu Alaykum Wa Rahmatullahi Wa Barakatuhu

- For the Mustahab *Tasleem*, the following *Salaam* is added before the abovementioned two *Salaams*:

As Salaamo Alayka Ayyuhan Nabiyyu wa Rahmatullahi wa Barakatuhu

- It is mustahab to slightly turn your head to the right or turn just the eye while saying the wajib *salaam*.
- *Qunut* is highly recommended in the five daily prayers. Any *dua* can be recited in the *Qunut* and in any language.
- While standing, look at the place of *Sujud*. While doing *Ruku*, either close your eyes or look between the feet. In *Sujud*, its Mustahab to look towards the nose. While doing *Tashahhud* and *Tasleem*, look at your lap.